



**13-Time National Shag Dance Champion**

# SHAG WORKSHOPS

By Sam and Lisa West

All workshops held at the **OD Resort Ballroom**  
**\$10 per person per workshop**



Sam and Lisa's

## HAPPY HOUR

**It's Back**

**45 min. Workshops**

### FREE DRINK - FUN WORKSHOP

Join us for a simple, easy shag step taught in a fun environment.  
 Pay just \$10 and receive a **FREE DRINK TICKET**.  
 Additional drinks may be purchased at Happy Hour prices of just \$3.00.  
 After the workshop join us for social dancing !

**4:00-6:00 pm**

**OD Resort Ballroom**

**Saturday 4/18**

**Sunday 4/19**

**Monday 4/20**

**Tuesday 4/21**

**Wednesday 4/22**

**Thursday 4/23**

**Friday 4/24**

**Happy Hour DVDs \$10**

	<b>BEGINNER</b> Just the Basics 11:00am	<b>INTERMEDIATE I</b> Fancy Steps 12:00pm	<b>INTERMEDIATE II</b> Steps and Patterns 1:00pm
<b>FRIDAY</b> 4/17	Basic, Female Turn, Male Turns	Easy Together Step	Lead and Follow Combination
<b>SATURDAY</b> 4/18	Basic, Start, Half Turn	Sugarfoot and Apple Jacks	Advanced Together Step
<b>SUNDAY</b> 4/19	Basic, Rotate, Side by Side, Tuck Out	Learn to Spin	Male Lead and Female Steps
<b>MONDAY</b> 4/20	Basic, Female Turn, Male Turn	Belly Roll and Boogie Walks	Why he can't lead and she won't follow
<b>TUESDAY</b> 4/21	Basic, Start, Half Turn	Easy Together Step	Side by Side Together Step
<b>WEDNESDAY</b> 4/22	Basic, Rotate, Side by Side, Tuck Out	Variations for your basic	Male Lead and Female Steps
<b>THURSDAY</b> 4/23	Basic, Female Turn, Male Turn	Pivot	Lead and Follow Combination
<b>FRIDAY</b> 4/24	Basic, Start, Half Turn	Duck Walk	Intermediate Turns and Spins
<b>SATURDAY</b> 4/25	Basic, Rotate, Side by Side, Tuck Out	Easy Together Step	Advanced Together Step



## Instructional DVDs by Sam and Lisa

All material presented in SOS workshops will be available on DVD.

Spring 2015 Intermediate Steps and Patterns \$20

Spring 2015 Happy Hour Workshops \$10

Shag U Beginner series- 101, 102, 103 Shag U Intermediate series- 201-201, 203 Shag U Advanced- 303

Female Steps and Patterns, Fancy Male Leads, Pivot Variations, Lead and Follow

Plus: Select SOS and Mid-Winter Workshop Reviews- only \$10 each



The Shagtime 2 Junior Dance Team will be performing exhibitions at the SOS clubs on Saturday afternoon, April 25!

## Teacher Training Workshop

**May 16**

**Ocean Drive Resort**

Learn how to get quick results and have fun classes.  
 Teaching tips and techniques from multiple instructors.

Space is limited. Call Sam and Lisa to reserve your spot. 910-995-3278 or 910-582-0048